



# **TRAINING NEWS JANUARY**

## **2018**

A happy New Year to you all. This winter we will be offering RYA First Aid Courses and an RYA Diesel Engine Course with Powerboat level 2 courses starting in April.

### **FIRST AID COURSES**

Jerry Pocknell has again offered to instruct for these courses. Jerry is not only a first aid instructor but also a paramedic and keen powerboater so please take advantage of these courses before the season starts.

Subjects covered include:

- the recovery position in a confined space
- CPR including drowning protocol
- cold shock and hypothermia from immersion and/or exposure
- seasickness and dehydration
- medical assistance or advice by VHF
- helicopter rescue

Dates for this year are:

**Saturday 10<sup>th</sup> February 0900-1700**

**Thursday 15<sup>th</sup> March 0900-1700**

If you are interested, please append your name to the list on the club notice board. Numbers are limited to 12 and the course cost includes the latest RYA First Aid handbook.

### DIESEL ENGINE COURSE

The next RYA Diesel engine course on **Saturday 17<sup>TH</sup> February 0900 - 1700**. The purpose of this course is to teach the basics of practical maintenance and fault finding on all types of diesel engine and to stop you becoming a casualty. It is a mixture of theory and practical so please be ready to get your hands dirty! The course is limited to 6 students because of its 'hands on' nature, so append your name to the list on the club notice board or contact the office.

### POWERBOAT COURSES

Once again this year, we will be offering Powerboat Level 2 courses and Safety Boat courses during the summer months, starting in April. For this year, we are looking to recruit some more powerboat instructors, so if you fancy giving some of your time to your club to take forward the interest in the sport of powerboating, this could be for you. You will need to have at least Powerboat level 2 (preferably Safety Boat or Advanced Powerboat) and have current experience in RIB driving. The course lasts 5 days and will be at a commercial provider in the Poole area. You will also need to pass a pre course assessment. Not only will you be helping fellow club members, but you will receive an internationally recognised qualification. If you are interested please contact either myself or the office.

Graham Turner  
RMYC Training Officer